



HAPPY • HEALTHY • HOLISTIC

Partial Denture Homecare Instructions

We have done our best to provide you with well-fitted, functional, and aesthetically pleasing partial denture. We feel confident that after a few adjustments you will enjoy years of satisfaction and use from them. In the meantime, the following is information you need to know.

Your First Few Weeks:

- New Dentures always feel strange when first placed in your mouth. Several days or even a few weeks will be required for you to feel accustomed to them.

Sore Spots:

- Your mouth usually will have a few sore spots about 24 hours after you first put your new partial dentures in. An initial readjustment appointment should be made; and another appointment about seven days later will usually eliminate any other sore areas.

Chewing:

- The new “bite” or occlusion will not feel comfortable for several days. We will adjust the contacting surfaces of your teeth after 24 hours, and again in about one week after the dentures have “settled” into place.

Cleaning the Denture and Mouth:

- Your partial denture can be cleaned easily by using a denture brush and toothpaste. Use special care to clean parts of partial that contact any natural teeth. Both the partial denture and the natural teeth must be kept very clean on daily basis to reduce the chance of new dental decay starting. Denture tablets are also useful to help clean the denture. Brush your gums with a soft toothbrush once per day to massage and clean the tissue. Dentures need to be taken out every night; allowing your tissues to breath. If they are out of your mouth, leave them in a water-and-mouthwash solution.

The Future:

- Your jaw bone and gums shrink up to quarter of an inch per year when your teeth are missing. This is one of the main disadvantages of denture. Due to the shrinkage, you should plan to have your denture and oral tissues evaluated by us at least every six (6) months. We will inform you when relining or rebase of the dentures is necessary. Wearing ill-fitting denture for too long without refitting can cause severe bone loss and very serious oral disease.



Phone: 704.553.627 • **Fax:** 704.556.7035

Website: www.GorelikDentistry.com • **Email:** Smile@GorelikDentistry.com